

RUN, WALK 'N' ROLL 2010

REGISTRATION FORM (Please Print Clearly):

Mail to or drop off at: Gord's Running Store (919 Centre Street N. T2E 2P6) or
Foothills Academy (745 - 37th Street N.W. T2N 4T1)

Enclose race fee: Adults \$30.00 to May 20 \$45.00 late entry to May 28 \$60.00 Race Day Registration
18 yrs. & under \$15.00 to May 20 \$30.00 late entry to May 28 \$45.00 Race Day Registration

Name: _____ Phone #: _____

Address: _____ Postal Code: _____

Male Female Foothills Family Affiliation _____ Foothills Alumni

Race Category: Walk or Run 5km Run 10km Rollerblade 10km •Rollerbladers must wear Safety Equipment (Helmets mandatory)

Age Category: 12 & under 13-17 18 -19 20-29 30-39 • No cyclists & no pets please!

40-49 50-59 60-69 70 & over • Wheelchairs welcome

TEAM CHALLENGE Company or Organization Name _____

ALL PARTICIPANTS MUST SIGN THE RELEASE ON THE BOTTOM OF THIS FORM!

RELEASE:

IN CONSIDERATION OF THE ACCEPTANCE of this entry form in the Foothills Academy Annual Run, Walk 'N' Roll (the "Event") I, _____, for myself, my heirs, executors, administrators and assigns, hereby release The Foothills Academy Society and its successors, assigns, employees, officers, directors and agents as well any other persons or organizations assisting in the Event (all of the foregoing being collectively referred to hereinafter as the "Released Parties"), from any and all claims, demands, causes of action or damages whatsoever arising out of or resulting from any loss, injury or damage to my person or property that I may howsoever sustain or incur in connection with my participation in the Event or any activity necessarily incidental thereto, notwithstanding that such loss, damage or injury may be caused by, without limitation, the negligence of all or any of the Released Parties.

I FURTHER ACKNOWLEDGE that there are risks inherent in the activities to be undertaken in the Event and that my participation could result in physical injury. I further acknowledge however that I am in the proper physical condition to participate in the Event.

Athlete's Signature

Date

Parent's Signature (if athlete is under the age of 18)