

# Camp Amicus 2019



**Overnight and Day Camp Programs  
Children and Teens with  
Learning Disabilities and ADHD  
Ages 8 - 18**



**FOOTHILLS ACADEMY SOCIETY**  
A Leader in Learning Disabilities since 1979

Dear Amicus Families,

We are so excited to be embarking on another summer of Camp Amicus. It has been a busy fall, working on some new ideas for Amicus, to ensure that we are creating the best place for your child this summer.

Our big announcement is that Overnight Camp will be at a **NEW LOCATION!** It's true! We are moving our overnight camp to Kamp Kiwanis (only 40 minutes from Calgary). This allows us to take our campers on new adventures – such as hiking, paddling the Elbow River, climbing and more. It also brings us significantly closer to critical services such as urgent care and emergency medical services in the event that they are needed. For returning camp families, please be aware that with the change in location, we will now be offering our Day Camps during July and Overnight Camps during August.

On the administrative side, we are happy to work with families to access FSCD funding however we will have a cut-off date for direct billing – June 10th, 2019. Please ensure that your FSCD information is submitted to Anna (such as an e-mail from your FSCD worker confirming funding for Summer Camp 2019) before that date if you would like to access direct billing. Also, registration will NOT be processed without a deposit for any camp.

Also, we will be hosting multiple Open Houses for our camp program in the new year for both new and returning campers and their families. This will be an opportunity to see photos of the new site, ask questions and prepare your camper for Amicus 2019.

I can already feel the excitement building for Amicus 2019!

All the best,



Kathleen Gurski

kgurski@foothillsacademy.org

Manager, Camp Amicus and Recreation Programs



## POLARIS Teen Leadership – Calgary (with 3 day/2 night hike)

Our teen leadership program is centered on the development of independence, post-secondary and job readiness skills. The first week of this program is spent working on group dynamics and teaching skills in preparation of a 2 night/3 day hiking trip. The goal of the hiking trip is to develop independence skills within program participants. The second week of programs is based out of Foothills Academy. Morning sessions focus on personal development and job preparedness. The afternoons are spent volunteering as a group at different facilities (i.e., the Calgary Food Bank). **Please note that both prospective and returning participants will be interviewed to ensure their fit for the program.**

| Dates<br>(Monday to Friday<br>9 am - 4 pm except for 3<br>day/2 night hike during<br>first week) | Ages    | Fees  | Session |
|--|---------|-------|---------|
| To Be Announced by<br>Dec. 1, 2018   | 13 - 15 | \$900 | PO1     |
| To Be Announced by<br>Dec. 1, 2018   | 16 - 18 | \$900 | PO2     |



## Overnight Camp - Kamp Kiwanis, Calgary, AB

Come and join the adventures at overnight camp at Kamp Kiwanis just outside Bragg Creek this summer! Our days start with polar bear dips in the morning (optional) followed by breakfast. Our days are full of fun, laughter and learning. Overnight camp is a great place to gain independence skills and self-reliance in a supported environment. Programs are developed to build self-determination within our campers by providing choice programs, free time, and the opportunity to work on different skill development areas.

**Activities Offered:** Social Skills, Swimming, Rock Climbing, Archery, Horseback Riding, Canoeing, Arts and Crafts, Music, Campfire and much MORE!

| Dates                                | Ages    | Fees  | Session |
|--------------------------------------|---------|-------|---------|
| Sunday to Friday<br>August 4 - 9     | 10 - 14 | \$900 | ON1     |
| Sunday to Friday<br>August 11 - 16   | 13 - 16 | \$900 | ON2     |
| Sunday to Thursday<br>August 18 - 22 | 9 - 12  | \$750 | ON3     |

**Free bus transportation** is provided from Calgary.



## Day Camp - Calgary

Based out of Foothills Academy in Calgary, our Day Camp brings a whole new set of adventures to camp. Our days are spent developing social skills with direct instruction in the morning and supporting this learning through real world experiences through choice programs, clubs and field trips.

**Activities Offered:** Social Skills, swimming, Field Trip, Sports, Arts and Crafts, Cooking, and More!

**Before and After Care:** Before and After Care is offered for half an hour on each end of camp at no cost.

| Dates<br>(Monday to Friday)  | Ages    | Fees  | Session |
|--|---------|-------|---------|
| Tuesday, July 2 -<br>Friday, July 12                                 | 8 - 12  | \$630 | DC1     |
| July 15 - July 26  | 8 - 12  | \$700 | DC2     |
| July 29 - August 2   | 8 - 15* | \$350 | DC3     |
| * older and younger campers will be in separate groups in Day Camp 3 |         |       |         |

## What makes Camp Amicus different from other camps?

- Camp Amicus offers a Day Camp and the ONLY Overnight Camp for children and youth (ages 8 - 18) with Learning Disabilities and/or ADHD in western Canada
- A 3:1 camper to counsellor ratio with additional leadership staff and a Camp Manager to support campers and staff
- Camp Amicus offers a structured, supportive social skills program for children based on evidence-based best practices
- Offers fun, non-competitive camp activities that foster friendship and individual growth
- Programming teaches and reinforces age appropriate social skills in a safe and supportive environment
- Mature, caring counsellors plan activities to ensure that campers build confidence and self-esteem while having a great time!
- Great camp activities - swimming, rock climbing, field trips and more!



## Eligibility & Intake Process

There is a one-time intake process to determine eligibility to participate in the Amicus programs. Participants must meet all three criteria:

- Have a Learning Disability and/or ADHD as their primary diagnosis without major behavior or regulation issues
- Have average or above average IQ
- Function well in a 3:1 participant to staff ratio

The intake process tries to ensure a good fit between the needs of the child and what Amicus can provide. To do this, we ask questions about the current diagnosis of your child, whether they have an IPP at school, whether they have a special education code and other pertinent information. To begin the intake process, email [intake@foothillsacademy.org](mailto:intake@foothillsacademy.org) or call 403.270.9400 ext. 252. For POLARIS program specifically, all prospective and returning participants will be interviewed to ensure their fit for the program. Please note: the intake process can take one to two weeks as we want to ensure that we can meet the needs of all the children in our program. To ensure program space availability, it is ideal to begin the intake process well before you intend to register for programs.

Once intake is accepted, a completed registration form AND deposit are necessary to ensure your child's spot at camp.

## Financial Assistance

Camp Amicus aims to be affordable for all families. This camp is eligible for FSCD funding. We are able to direct bill FSCD for camp fees if we receive written confirmation of funding by June 10, 2019. Additionally, through the generous support of donors, financial assistance from the Amicus Bursary Fund for program fees is available. Please inquire about payment options.

Camp Amicus is proud to be supported, in part, by funding provided by Calgary and Area United Way.



It is the aim of Camp Amicus and Foothills Academy Society that every child should be able to attend our programs regardless of financial circumstances. The Amicus Bursary Fund is supported by donations from: The Prosser Family Foundation, B'Nai Brith, Children's Hospital Aid Society and individual donors. Donations to Camp Amicus are always welcome and donations over \$20 receive a tax receipt.



### For More Information:

**Website:** [www.foothillsacademy.org/camp-amicus](http://www.foothillsacademy.org/camp-amicus)

**Email:** [intake@foothillsacademy.org](mailto:intake@foothillsacademy.org)

**Telephone:** 403.270.9400 ext. 252

### About Foothills Academy Society

A Leader in Learning Disabilities since 1979. Foothills Academy school program educates students with Learning Disabilities in grades 3 – 12. Community Services offers a wide variety of programs and services including Camp Amicus, Amicus Recreation, Read/Write & Math Tutoring, Psycho-Educational Assessments and Counselling, Parent Workshops and much more. All Community Services programs are open to the general community affected by Learning Disabilities and ADHD.

Camp Amicus is accredited by the Alberta Camping Association

